

NEWS FROM YOUR PEER LIAISON

JULY 2016

SUMMER PLANNING FOR THE FALL

Use the summer break to help your child stay focused and get organized for the upcoming school year with these tips!



CHRISTIE MCGUIRE
IFAPA Peer Liaison

How to Contact Me:

855-929-2005

641-829-2005

cmcguire@ifapa.org

I UNDERSTAND... I AM A FOSTER PARENT TOO

IFAPA recognizes that foster parents often need the perspective of peers during the foster parenting and adoption experience.

I can provide support and assist you with questions regarding:

- Licensing requirements
- Training needs
- Respite care
- Behavior challenges
- Working with birth families
- Confidentiality issues
- And much more!



www.ifapa.org

1. **Double Up on School Supplies:** Stock a cabinet or closet with supplies. Post a checklist inside the door, and have your child make a note whenever she removes an item.
2. **Stop Pushing Those Papers:** Come up with a paper management system. As simple as putting three pocket-type folders in a binder. Label them "Homework to Do," "Homework Done," and "Notices." Teach your child to put homework and notes from the teacher in the right folders or have a daily journal for you and the teacher to correspond in.
3. **Choose the Right Supplies:** Provide an assignment notebook or planner with larger-than-usual spaces in which to write or add pocket-type inserts where she can slip papers, or give them an accordion folder. Purchase supplies to fit your child's needs.
4. **Write It Down:** Ask the teacher to give assignments in writing (or post them to the school's website). Set up a planner/chart with each subject. Add columns for daily homework, to-do-list, and notes (conversation starters) that can be reviewed at home. Divide tasks into groups: (do it now!) & (do it anytime). Your child can make this schedule/chart up at home to print off weekly.
5. **Coordinate Filing Systems:** Color-code books and supplies by subject. For example, use yellow for all geography book covers, notebook dividers, and files. Repeat this at home in the same color coordination by subject.
6. **There's No Such Thing as Too Many Reminders:** Make multiple copies of permission slips, event announcements, and post its as visual reminders placed around the house on doors and mirrors.
7. **Everything Needs a Home:** Provide a place for everything: a box for school supplies, a shelf for books, a bulletin board for announcements, and containers for items at their desk. Keep seldom used items out of the way to avoid distractions.
8. **Schedule Frequent Clean-Ups:** "Two minute Tidy", organize papers every day. Have your child use the first two minutes to clean papers out of his bag and organize them into folders. Also, organize their desk or work space before tackling homework.
9. **Set a Backpack Routine:** Set up a scheduled homework time each day. After homework is done, sign any notes and have your child pack his backpack and place in the designated spot for morning.
10. **Keep a Clean Locker:** Make a list of everything you child needs in their locker (textbooks, dance shoes, class schedule, etc.), then make sure everything has a place. Schedule a time (once a week) to do a quick "Two minute Tidy" to stay organized. If needed, ask the teacher to help facilitate this with your child.
11. **Discuss with your Child:** Ask your child what is working and what isn't. Adjust your system as needed.

Adapted from Attitude Magazine.

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CURRENT NEWS

IFAPA'S ADVENTURELAND APPRECIATION DAY

*Saturday, August 20th, 2016 ... Adventureland Park, Altoona

*To Purchase Family and Guest Tickets at a reduced rate, go to ifapa.org

Required Foster Parent Training

All foster parent must complete the Reasonable Prudent Parenting Training video(RPPS) by September 30, 2016. To access, please go to ifapa.org for instructions.

SUPPORT GROUPS

Renew Support Group

Cornerstone Church-Ames

POVERTY 101/201 TRAINING INTENSIVE

*SAT. JULY 23rd, 2016 9:00a.m. - 2:00p.m

*A \$5.00 person fee will help cover the cost of lunch

*To Register:

https://cornerstonelife.ccbchurch.com/form_response.php?id=1043

*Contact Jason Lee(515-460-5048 or leejasond@gmail.com)

Allison Area Foster Parent Support Group

Waverly Vineyard Church, 319 W. Bremer

* THIS SUPPORT GROUP IS ON SUMMER BREAK BUT WATCH FOR AN UPCOMING EVENT IN AUGUST!

*Contact Tammy Faux & Kate Haberman- Foelske (319-214-0623 or aafpsg@gmail.com)

SAVE THE DATE

IFAPA'S FALL CONFERENCE

October 28 & 29th, 2016

Coralville Marriot Hotel &

Conference Center

Details to come-

S'MORES POPS

Ingredients:

1 16 oz. bag of large marshmallows

1 16 oz. bag chocolate chips

1 16 oz. pkg graham crackers

Directions:

Crush graham crackers in large zip lock bag & place in a bowl

Melt chocolate in double boiler or microwave (stirring often until smooth)

Stick a toothpick in each marshmallow and dip in chocolate and then the graham crackers

ENJOY!!!



SPARKLER SAFETY TIP



love2dreamdoyou.blogspot.com