

Meet Your IFAPA Peer Liaison

Janet Rorholm



I provide peer support to families living in the following counties:

Johnson and Linn

How to Contact Me:

855-200-4168 Toll-free

319-200-4168 Cedar Rapids area
jrorholm@ifapa.org Email



Hello! My name is Janet Rorholm and I am your IFAPA Peer Liaison. I look forward to meeting all of the families who have chosen to open their homes and their hearts to some very special children.

I have been a foster parent for seven years. I remember receiving my first placement, a young boy and his baby sister who were stunned and bewildered. The day only got more eventful as just as we were about to sit down to dinner, the tornado sirens sounded and I grabbed the kids, a box of cereal and a radio and headed to the basement to ride out the evening as tornadoes swirled all around us, including one that hit Iowa City.

Well, it turns out that was rather appropriate as it's been quite the journey ever since. The two became part of my family through adoption. We have since welcomed several more children to our home as foster placements and I have adopted another amazing girl. As a single mother of three, it's been challenging, but I've found that both as a foster parent and adoptive mother that there are plenty of people, organizations and resources out there ready to help and I am still finding more. I want to be one of those resources for you. No, I don't have all the answers, but I do know how to help you find answers, and I know this well, sometimes just having someone to talk to who has been through what you are going through can help.

I have experience in dealing with drug-exposed children, ADHD, oppositional defiance, mental health issues as well as intellectual disabilities and Individual Education Plans with the school.

I am amazed at all the wonderful families who have taken the step to become foster and adoptive parents and I look forward to meeting you. What a journey!

Sincerely,
Janet Rorholm
IFAPA Peer Liaison

FACT: IFAPA's Peer Liaisons and Resource Information Specialists provide support to an average of 2,000 foster, adoptive and kinship parents each month.