

IFAPA TRAINING

for foster, adoptive and kinship parents and workers

Grrrr... "I am Just so Mad!" - Helping Young Children Deal with Their Anger

This course will specifically focus on helping young children (ages 2-5) deal with anger appropriately. We will discuss how anger is most commonly expressed by young children, how to handle when children are being inappropriate in their expression of anger, and explore coping skills to teach fundamental skills to deal with emotions appropriately as they age.

Approved for 3 Hours of Foster Parent Credit

About the Trainer:

Joann Seeman Smith, Ph.D., LMHC

Dr. Joann Seeman Smith is a Licensed Mental Health Counselor who specializes in diagnosis, and treatment of children and adolescents with



attention-deficit disorder, learning disabilities, autism-spectrum disorders, behavior problems, depression and bipolar disorder, anxiety, and adjustment difficulties due to abuse, bereavement, or divorce. In addition to standard short-term and traditional talk therapies, Dr. Seeman Smith has expertise in using play therapy approaches with children, teens, and families, including children and families with attachment-based difficulties.

HOW TO REGISTER FOR THIS CLASS

REGISTER VIA PHONE

Call 800-277-8145 ext. 1 or 515-289-4567 ext. 1

REGISTER ON OUR WEBSITE

To sign-up for a class through our website, complete our online registration form: www.ifapa.org/training/training-registration-form.aspx. IFAPA will follow-up within two business days to confirm your enrollment in the class.

