

IFAPA TRAINING

for foster, adoptive and kinship parents and workers

Trauma in Children and Teens: What it Really is and What Really Works

Children, teens and families experience trauma in their lives that can have immediate and long-term effects on their ability to function at school, in the home, and with peers. Untreated trauma often has long-lasting effects on our mental and physical health, and our ability to achieve success in adult life. Participants will have an opportunity to identify how trauma impacts brain and emotional development as well as attachment and will learn important skills involving communication, emotional regulation, and conflict resolution that they can use with children and teenagers in their lives.

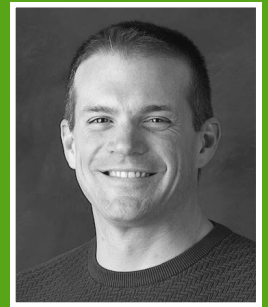
Approved for 3 Hours of Foster Parent Credit

About the Trainer:

Warren Phillips, Ph.D.

Warren is a Licensed Psychologist and owner of Central Iowa Psychological Services,

a group psychological practice with locations in Ames and West Des Moines, Iowa. Warren is also a Senior Lecturer and clinical supervisor in the Department of Psychology at Iowa State University. His areas of specialty include working with children, adolescents, and adults who have numerous neuro-biological disorders including attention-deficit disorder, learning disabilities, bipolar disorder, autism-spectrum disorders, and obsessive-compulsive disorders.



HOW TO REGISTER FOR THIS CLASS

REGISTER VIA PHONE

Call 800-277-8145 ext. 1 or 515-289-4567 ext. 1

REGISTER ON OUR WEBSITE

To sign-up for a class through our website, complete our online registration form: www.ifapa.org/training/training_registration_form.asp. IFAPA will follow-up within two business days to confirm your enrollment in the class.

